## **Warminster Bright beginnings**

Welcome back to the new term at Warminster Bright Beginnings. Some of you will be familiar with the "new normal" at the nursery, but for some of you things will be very different to how we started last year. Please read this booklet carefully and act in a safe way when you bring your children back to nursery.

There are some very important actions we all need to take to make sure that it is safe for children and staff to return to the nursery. I would urge you to read this information carefully and try to make sure things are as safe as possible by complying with the new way of doing things.

Please don't bring your child to nursery if they, or anyone else in your family show symptoms of Covid-19.

# Symptoms include

- high temperature
- persistent new cough
- loss of taste or loss of smell

The nursery will be opening each day as normal, but will continue to use different entrances for each age group, so that we can achieve social distancing during drop off and collection.

We have been busily working in nursery to make sure we're doing things right when we open again. The "new normal" will look very different to what we have been used to last year and our primary concern is the health and safety of the children and the staff. There are going to have to be some changes to the way we work, to take account of the Government and Local Authority guidance. I think the easiest way to tell you about them is to 'walk' you through a new normal day.

## Arriving at nursery

Where possible only one adult from each family should bring their child/children to nursery, both children and adults should make sure they're social distancing on the way and when they arrive outside nursery. It goes without saying that both adult and child must be free of symptoms of Covid-19. We may well check everybody's temperature on arrival. Please do not bring your child to nursery if anyone in your household has symptoms of Covid-19.

Your child must wear clean clothes each day they attend and they must not bring anything from home except

- snack cut up ready to eat in a plastic box with their name on it
- lunch ready to eat (cold) in a separate plastic box with their name on it
- rucksack (wipe-down, if possible) with change of clothes
- please no toys! (except for comforters for children)

Staff can then clean items easily and as they don't have to do any preparation of the food, this means there is less chance of cross contamination. We will still supply Breakfast and an Evening meal for children who attend full time, if required, but we are trying to limit the handling of food in the nursery. Also we can heat a hot meal provided from home if a child won't eat a cold packed lunch (this is only in a case that a child will not eat otherwise). We will of course give them drinks throughout the day.

You will be met at the outside playground gate behind the main building, or at the outside playground gate leading to the community centre patio, or at the front door (depending on group). While you're waiting, you and your children must adhere to social distancing. We will continue to limit access by parents, carers and visitors onto the site, this will be at the manager's discretion. Normally a member of staff will take your child from you at the entrance, however new children who need settling in will be offered an induction session where possible.

Children will wash hands as soon as possible when they enter the nursery.

#### Activities in the nursery

Where possible we will keep children in age group bubbles. These groups may be different from the ones the children used to be in and the staff with them may be different too. These 'bubbles' will remain the same throughout the week, the bubble will have their own space and where possible will not mix with other bubbles. To do this we will separate outside play areas – so children don't mix with children in other bubbles. We will also have to be 'organised' when they go to the toilet – obviously those children who need to go because of potty/toilet training will be taken to the toilet throughout the day. The majority of children will be taken at set times (this allows for regular deep cleaning of the shared facilities).

We have prepared the nursery by removing all soft toys (because they're impossible to clean effectively) and thoroughly cleaning everything else. We aim to clean throughout the day and deep clean after the children have gone.

#### Collection of children

Collecting your children is much the same as dropping off. Where possible one adult from each family should collect. You should continue to social distance on the way to pick up your child, while you're waiting and on your journey home.

We never thought at the beginning of the year that we would have to make these changes to the way we run the nursery, but we're all aware how this Pandemic has put restrictions on our daily lives. Cooperating as a community is the only way forward, we will do our best to provide the same excellent care we always have done, just doing it in a different way. We have taken advice from the government and Wiltshire Local Authority and are trying our best to provide high quality child care in a safe way, please help us do this by cooperating with our new way of doing things.

Jo Webster Nursery Manager

## **Advice from NHS**

#### **Main symptoms**

The main symptoms of coronavirus are:

- a high temperature this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- a new, continuous cough this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- a loss or change to your sense of smell or taste this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at least 1 of these symptoms.

### What to do if you have symptoms

If you have any of the main symptoms of coronavirus:

- 1. Get a test to check if you have coronavirus as soon as possible.
- 2. Stay at home and do not have visitors until you get your test result only leave your home to have a test.

Anyone you live with, and anyone in your support bubble, must also stay at home until you get your result.

If you live with someone who has symptoms, self-isolate for 14 days from the day their symptoms started. This is because it can take 14 days for symptoms to appear.

Please keep Jo Webster (the Nursery Manager) informed via phone or email of any concerns you have regarding your child's health.

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